

## DISASTER SUPPLIES CHECKLIST

The following short list is to help you determine what to include in your disaster supplies kit that will meet your family's needs. Please remember infants, family members with special needs and or disabilities.

### Essential Supplies

- \_\_\_ Battery-powered radio w/ batteries
- \_\_\_ Two flashlights or battery-powered lantern w/ batteries
- \_\_\_ Water to last three days, at least one gallon per person per day
- \_\_\_ Prescription medications (if you take them)
- \_\_\_ Towelettes, soap, hand sanitizer
- \_\_\_ Food, at least a three-day supply of non-perishable items (canned meats, canned fruits and vegetables, dried fruits and nuts, granola bars, trail mix, peanut butter, crackers)
- \_\_\_ A manual can opener
- \_\_\_ First aid supplies (sterile gauze and bandages, safety pins, tweezers, a needle, scissors, antiseptic ointment and sunscreen)
- \_\_\_ A watertight, portable container for important papers.

### Other Supplies

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|---|---------------------------------------|
| ___ Blankets  | ___ Signal flare                      |
| ___ Infant formula, diapers and wipes (for those with babies)               | ___ Garbage bags                      |
| ___ Pet supplies  | ___ Whistle                           |
| ___ Non-prescription drugs (pain relievers, antacids, antidiarrheals, etc.) | ___ Matches in a waterproof container |
| ___ Toilet paper  | ___ Jumper cables                     |
| ___ Paper towels  | ___ Maps                              |
| ___ Bleach (16 drops of bleach will disinfect a gallon of water)            | ___ Change of clothes                 |
| ___ Disinfectant  | ___ Extra eyeglasses /contacts        |
| ___ Personal hygiene supplies   | ___ Basic tools                       |
| ___ Feminine hygiene supplies   | ___ Toys and games for kids           |